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18682

BIO - Grünkohl - Roter Krauser

Organic - Kale - Redbor

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Brassica oleracea var. sabellica

The Borecole Redbor has large, loosely curled leaves that develop a purple-red colour during the cold winter temperatures and after the first frost. You should wait a couple of days after the first frost before the first harvest, as only then the metabolic process of the plant will turn the starch compounds into sugar and the bitter substances will fade. The leaves should be harvested from the outside

Natural location: Even though Kale has its origin in the coastal areas of the Mediterranean and in Asia Minor, it is nowadays a culinary delight particularly in Great Britain, Scandinavia, Holland and northern Germany.

Cultivation: You can start cultivation from January until March in a wind-sheltered cold frame with a fleece cover for frosty nights, or in pot on your windowsill. Plant three seeds per planting hole about 1 cm deep into coconut substrate or organic vegetable substrate. After germination, you can prick the seedlings out leaving only the strongest one. It will take about four to six weeks after seeding until the seedlings have properly developed. A temperature between 15° and 20° Celsius would be ideal for germination. Starting from the end of May, when there are no frosty nights ahead anymore, and as soon as the seedlings have developed a proper rooting, they can be planted out in the open. Provide some underlining/padding with compost and place the seedlings deep enough into the soil so that the roots are covered with about 1 cm of earth. Leave about 40 to 50 cm space between the plants.

Place: The plant has high nutrient demand and grows best at a sunny place of the vegetable patch and in well-grounded, nutritious soil with a good water storage capacity.

Care: The plant requires watering and nutrition regularly. Water generously, especially on hot days, but avoid water-logging. Weeding and loosening the surrounding soil from time to time will be rewarded by the plant producing a better harvest and flavour. After planting out, you may regularly provide your Broccoli with organic vegetable fertilizer until about two to three weeks before harvesting.

During the winter: Kale can be cultivated as a biennial plant while the main harvest takes place in the second year. Starting from spring it can be harvested continuously.