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18671

BIO - Rosenkohl - Groninger

Organic - Brussels Sprout - Groninger

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Brassica oleracea var. *gemmifera*

Groninger is productive and reliable variety that produces big, densely full sprouts with a sweet aromatic taste. The round and firm buds grow from the leaf axles on the 80 to 100 cm long stalks. The Brussels Sprouts provide the best flavour after the first frost when a little bit of sweetness has set in and displaced the initial bitterness. November and December would be the ideal time for harvesting. Always wash the sprouts shortly before cookin

Natural location: The first written reference on the cultivation of Brussels Sprout in Europe dates back to 1587 in the former Spanish Netherlands what is now Belgium.

Cultivation: You can start cultivation from January until March in a wind-sheltered cold frame with a fleece cover for frosty nights, or in pot on your windowsill. Plant three seeds per planting hole about 1 cm deep into coconut substrate or organic vegetable substrate. After germination, you can prick the seedlings out leaving only the strongest one. It will take about four to six weeks after seeding until the seedlings have properly developed. A temperature between 15° and 20° Celsius would be ideal for germination. Starting from the end of May, when there are no frosty nights ahead anymore, and as soon as the seedlings have developed a proper rooting, they can be planted out in the open. Provide some underlining/padding with compost and place the seedlings deep enough into the soil so that the roots are covered with about 1 cm of earth. Leave about 40 to 50 cm space between the plants.

Place: The plant has high nutrient demand and grows best at a sunny place of the vegetable patch and in well-grounded, nutritious soil with a good water storage capacity.

Care: The plant requires watering and nutrition regularly. Water generously, especially on hot days, but avoid water-logging. Weeding and loosening the surrounding soil from time to time will be rewarded by the plant producing a better harvest and flavour. After planting out, you may regularly provide your Broccoli with organic vegetable fertilizer until about two to three weeks before harvesting.

During the winter: Brussels Sprout is a biennial plant, but usually cultivated perennial. If you don't harvest the buds they will hibernate and develop to new sprouts in spring that will carry flowers in the summer.